

PACKAGES

Mindfulness (120 mins) 2,100++

Choose your preferred oil massage and combine it with our Rejuvenation Facial Treatment for total relaxation.

- Massage of your choice
- Rejuvenation Facial

Total Body Rejuvenation (120 mins) 2,200++

Stimulate your entire body with an Aromatic Milk Bath, a Coconut Body Scrub in a combination with Sport Massage, resulting in smooth & soft skin.

- Aromatic Milk Bath
- Coconut Body Scrub
- Sport Massage

Siam Pampering Retreat (150 mins) 2,800++

The perfect combination of revitalising treatments starting with an Ageless Thai Herbal Scrub to remove dead skin, then a Swedish Massage to stimulate energy, and finally a Deep Cleansing Facial to leave you relaxed and refreshed.

- Ageless Thai Herbal Scrub
- Green Tea Lemongrass Facial
- Swedish Massage

TASTE OF WELLNESS

Want a little more?

Be our guest for the entire day, take some time out to relax, reset and recharge.

Daily programs include yoga, fitness, nourishing meals, massage and spa therapy.

Prices start from 3,999THB per person

Enquire at 180 Wellness Spa reception or dial extension 1020



SPA MENU & PRICE LIST



www.180Wellness.asia

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180 | Wellness Spa

WELCOME TO 180° WELLNESS SPA

We offer the perfect selection of massage and body treatments to relax and rejuvenate you.

Give us your body for an hour, and we'll give you back your mind.

FACIALS

Rejuvenation Facial (50 mins) 1,200++

Using a restorative combination of white tea, jojoba and cucumber this balanced treatment aids in cleaning, moisturising and protecting the skin.

Aloe Vera Facial (50 mins) 1,300++

Serves to restore your skins natural moisture after exposure to the sun as well as help to diminish lines and wrinkles associated with aging and loss of elasticity in the skin.

Green Tea Lemongrass Facial (50 mins) 1,400++

Very high in antioxidants that promote beautiful, healthy, vibrant skin. Cleansing the face of toxins as well as toning and improving overall texture.

Galvanic Facelift Spa (30 min) 1,250 ++

Non-surgical, visible improvement in one treatment! Lift and tighten face and neck.

Galvanic Facial Deep Line Correction (25 min) 850 ++

Reduces deep lines, eg; smile lines, forehead lines, lines around the eyes, and reduces dark circles.

Galvanic Lymph Release (30 min) 950 ++

Activates lymph nodes to support elimination of sub-dermal toxins, and release facial muscles. Detoxifies and supports natural improvement to facial tone, tightness and lifting.

GALVANIC ANTI-AGING PROMOTIONS

- BUY A SET OF ALL THREE TREATMENTS (85 mins) SAVE 30% - NOW ONLY 2,135 THB ++
- BUY 2 GALVANIC FACELIFT SPA AND GET 1 FREE TOTAL ONLY 2,500 THB ++ (Normally 3,750++)



MASSAGE

Swedish Aromatic (60/90 mins) 1,400/1,800++

For complete relaxation, it is hard to beat the smooth stroking hand techniques used in a professional Swedish massage. Using your choice of aromatherapy oils this massage covers all of the body and pressure can be applied to suit everyone.

Sport Massage (60/90 mins) 1,400/1,800++

A deep tissue massage technique is used to relax tense muscles throughout your body. Focusing on muscle strength release and ease of tired joints, this treatment is ideal for sportsman and woman before or after extensive exercise.

Asian Blend (60/90 mins) 1,400/1,800++

Wonderful for relieving aches, pains and strains, this massage is a combination of Eastern and Western techniques that is highly recommended for those who prefer a strong massage.

Back Massage (30/60 mins) 700/1,300++

This is a deep nurturing massage, focusing entirely on the back. Releasing tension held, that is immersed within a very important area of the body; the shoulders.

Foot Relaxation (60 mins) 1,200++

This foot massage applies pressure to nerve endings in the feet that relates to all different organs of the body. Far more than just a foot massage, this holistic healing technique helps restore balance and harmony to your body while aiding sleep and water retention.

Thai Massage (60/90 mins) 1,100/1,400++

This Traditional Thai Massage is an ancient method of aligning and balancing the energies of the body. This massage originates from the time of Buddha. The technique is using firm thumb and palm pressure on the body's energy lines "Sen", as well as pressure points along with a variety of stretching movements. You will feel spiritually and physically refreshed, strengthened and rejuvenated.

BODY TREATMENTS

Rejuvenate Salt Scrub (60 mins) 1,500++

Thai Sea salts will be mixed with aromatic oil to purify and cleanse the soul from negativity to be reborn. This treatment removes unwanted old energy and gently allows you the feeling of a new perspective.

Ageless Thai Herbal Scrub (60 mins) 1,500++

With turmeric as the prominent ingredient, this exquisite scrub contains Plai, Lemongrass and Kaffir Lime leaves carefully researched to provide a unique skin exfoliate.

Coconut Body Scrub (60 mins) 1,500++

Coconut oil is rich in Vitamin E and has anti-oxidant substance to moisture your skin. Aids in the removal of excessive dead skin cells and strengthens new skin tissues. Protect and soothes the skin from irritation caused by heat and sunlight, while reducing roughness and boosting natural moisture.

Honey Body Scrub with Tamarind (60 mins) 1,500++

This treatment uplifts and revives whilst exfoliating the skin. Thai women over the centuries have relied on honey as a natural skin softener. Tamarind provides cleansing and its nourishing properties give the skin a radiant glow.

Aloe Wrap (60 mins) 1,500++

This soothing wrap uses the calming and healing properties of Aloe Vera to rehydrate the skin, leaving it fresh and cool. Green Tea, a natural source of anti-oxidants, provides vital anti-aging benefits and protects the skin against the environment.

Mud Wrap (60 mins) 1,500++

Treat your skin to this thorough deep cleansing wrap. Well known for its therapeutic properties and ideal for all skin types, the mineral mud relaxes the muscles and enhances blood circulation as it detoxifies and nourishes your skin.

FOR INFORMATION AND RESERVATIONS
PLEASE SEE OUR FRIENDLY SPA RECEPTIONIST
OR DIAL 1020 FROM YOUR SUITE.

All prices are in Thai Baht and subject to
7% VAT and 10% service charge.